

About Phin Performing Arts:

Dance uplifts, entertains, inspires, grows community spirit, and fosters creativity in all aspects of life. Founded in 2010, Phin Performing Arts is a contemporary dance performance company dedicated to creating moving dance and multi-disciplinary works for the stage, and providing education in the movement arts.

About Lisa Phinney Langley, choreographer:

Lisa Phinney Langley is a Kijipuktuk/Halifax-based choreographer, dancer, and educator with degrees in physics and atmospheric science. Her curiosity and quest for fundamental beauty and common truths has taken her through dance improvisation to quantum physics to environmental science to abstract art to family life (and back!). After completing professional dance education in Toronto and embarking on a performing career that took her across eastern Canada performing and teaching, Lisa returned to her hometown to form Mocean Dance in the early 2000s. Since then she has created several full-evening and shorter works for the stage and alternative venues through Phin Performing Arts which she created in 2010 to support the development and dissemination of her choreographic work. Lisa has delivered movement education through the Perform! NS program since 2018, and delights in giving young people the opportunity to discover themselves through movement, and inspiring audiences through the magic of performance.