

# Lightwire Theater

## Workshop Profile

Length:	45- 60 minutes
Age Range:	Ages 5 and Up
Group Size:	30 Participants
Space Requirements:	Stage or large studio space

### Summary:

Our workshops can be done for students who have or will attend a performance of **Lightwire Theater**. In either case we like to give a short lecture or show a 3-minute promo video of our work at the beginning of each workshop.

After the video we lead the group in a warm up. This consists of simple exercises and games that engage the body, and open the participant up to creativity.

Once the group has warmed up, the rest of the workshop is spent teaching a short piece of choreography from the show. The emphasis is not only on the steps, but also on the process of bringing a character to life. **We encourage the students to use movement and dance as a tool to express emotions.** Asking questions like *'how does one convey happiness, sadness, fear or joy without speaking or using facial expressions'?*

Students will have the opportunity to perform their choreographed piece to music from the show. The workshop ends with one of the show's cast members doing the same choreographed number in full custom for the participants. A space that is able to go dark is most effective for this part of the workshop.

**NOTE:** *This workshop is designed for students with little to no dance experience but can always be adjusted for dance groups. Workshops will always vary depending on the ability and size of the group.*